



Elms Bank
School & College

Excellence for All

Therapies Curriculum Long Term Plan – Thrive KS3

Key Stage 3	Autumn A/B	Spring A/B	Summer A	Summer B
Year 1	Sensology Lights and shapes	Sensology The four seasons	Sensology Sensory beach experience	Play / Wellbeing Curriculum
Year 2	Sensology Amazing movements	Sensology Mindfulness	Sensology Relaxation and massage	Play / Wellbeing Curriculum
Year 3	Sensology Hot and cold	Sensology A day at the salon	Sensology Taking care of our bodies	Play / Wellbeing Curriculum