



Elms Bank
School & College

Excellence for All

PSHE (RSE) Curriculum Long Term Plan – Thrive KS4

| KS4 | Autumn | Spring | Summer A | Summer B |
|---------------|----------------------------------|-----------------|-------------------------------|-----------------------------------|
| Year 4 | Growing and Changing | Keeping Safe | Charities / Enterprise | Play / Wellbeing Curriculum |
| Year 5 | Let's get Together (Friendships) | Healthy Choices | Caring for Our Environment | Transition |