



Elms Bank
School & College

Excellence for All

PSHCE Curriculum

Long Term Plan – Thrive KS3

Key Stage	Autumn Relationships	Spring Health and Wellbeing	Summer Living in a Wider World	
Year 1	Ourselves - Let's Get Moving	How do I feel today?	People Around Me	Play / Wellbeing Curriculum
Year 2	Helping Others / My Friends and Family	People Who Help Us	Communities and Cultures	Play / Wellbeing Curriculum
Year 3	Feelings	Healthy Lifestyles / Recognising my needs	Our Community Where in the World	Play / Wellbeing Curriculum