



**Elms** Bank  
School & College

Excellence for All

**Preparation for Adulthood  
Long Term Plan – Life and Living  
Skills**

<b>Year</b>	<b>Autumn</b>	<b>Spring</b>	<b>Summer</b>
Year A	Kitchen Skills	Home Management Skills	Shopping Skills
Year B	Daily routines, getting ready and personal care	Money and finance	Getting tidy and organised
Year C	Hygiene around the house	Technology and equipment at home	Transport