



Elms Bank
School & College

Excellence for All

Hairdressing & Barbering Long Term Plan – Inspire KS5

Key Stage	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 13	<ul style="list-style-type: none"> • Follow Health & Safety in the salon. • Health & Safety • Emergency procedures 	<ul style="list-style-type: none"> • Introduction into the Hair & Beauty sector. • Exploring Career opportunities • Introduction to styling 	<ul style="list-style-type: none"> • Presenting a professional image in the salon. • Identify how to promote a professional image in a salon • Maintain personal hygiene • Communicate professionally in a salon environment • Meet the needs of different clients 	<ul style="list-style-type: none"> • Shampoo & Conditioning • Products and tools for shampooing and conditioning • Procedure for client preparation • Shampoo and condition the hair • Towel dry and detangle the hair • Safe and hygienic working practices 	<ul style="list-style-type: none"> • Styling women's Hair. • Basic techniques for styling women's hair • Influence the choice of hair styling techniques for women • Preparation procedures for styling women's hair 	<ul style="list-style-type: none"> • Practical training & assessment • Practical training on aspects of hairdressing, barbering and beauty treatments • Shampooing & Conditioning • Blow-drying • Hand & arm Massage • Using a foot spa • Plaiting and twisting • Consultation • Using heated equipment