



**Elms** Bank  
School & College

Excellence for All

# Land Based Studies

## Long Term Plan – Inspire KS5

Key Stage 5	Autumn	Spring	Summer
Year 13	<p>Health and Safety Personal Planning progression</p> <ul style="list-style-type: none"> <li>• PPE</li> <li>• Complete the health &amp; Safety induction</li> <li>• Manual handling</li> <li>• Follow and emergency procedures</li> <li>• Identify personal and career goals for completing the course and on completions</li> </ul> <p>Introduction to tools and maintenance of tools</p> <ul style="list-style-type: none"> <li>• Selecting tools for maintenance</li> <li>• How to maintain and store tools</li> <li>• Repair of tools</li> <li>• Risk assessments when using tools</li> </ul>	<p>Introduction to planting and grow seeds</p> <ul style="list-style-type: none"> <li>• Taking cuttings from plants</li> <li>• Research conditions required for planting seeds and to ensure they grow healthy</li> <li>• Create a timetable/routine for growing plants all year round and a plan of care</li> <li>• Preparing the grounds for planting</li> <li>• Planting in season</li> </ul>	<p>Introduction to maintenance of plants to keep them healthy</p> <ul style="list-style-type: none"> <li>• To carry out routine maintenance of grounds at Elms Bank and the allotment</li> <li>• To dispose and recycle of garden waste correctly</li> <li>• To identify the correct maintenance for different plants</li> <li>• To select the correct tools for maintenance and use tools correctly</li> </ul>