



Elms Bank
School & College

Excellence for All

PE

Long Term Plan Explore - KS4

	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 10	Entry Level PE – Fitness	Entry Level PE – Basketball	Entry Level PE – Trampolining	Entry Level PE – Table Tennis	Entry Level PE – Athletics	Play / Wellbeing Curriculum
Year 11	Entry Level PE – Fitness	Entry Level PE – Football	Entry Level PE – Trampolining	Entry Level PE – Tennis	Entry Level PE – Boccia	Transition