



Elms Bank
School & College

Excellence for All

Independent Living Long Term Plan - Explore KS3

	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 7	Passport to Elms Bank - School Routines and Expectations	Basic Kitchen Skills – Snacks and Drinks	Our world – Local Recycling - 3 R's themes events.	People who help us	My Community - Living Here	Wellbeing Outdoor Activities – Gardening Area
Year 8	Personal Routines –Developing my Independence	Making a Meal – Good to be healthy	Our world – Local Community Charities – supporting locally	First Aid	Road Safety/Behaviour	Wellbeing – Outdoor Activities - Sensory Garden
Year 9	Developing My Independence – Using Kitchen Appliances	Entrepreneurship - Planning an Event Budgeting and Finance	Our World – Charities	Accidents and Risk/ Emergency situations	Independent Travel - Experience Public Transport	Wellbeing – Outdoor Activities Garden Maintenance and Planting