



**Elms Bank**  
School & College

Excellence for All

# Food Technology

## Long Term Plan – Explore KS4

	<b>Autumn A</b>	<b>Autumn B</b>	<b>Spring A</b>	<b>Spring B</b>	<b>Summer A</b>	<b>Summer B</b>
<b>BTEC Home Cooking Level 1 &amp; 2</b>  <b>Year 10 (1 year course)</b>	<ul style="list-style-type: none"> <li>• Breakfast food – what is breakfast, the importance of breakfast,</li> <li>• variety of ways to cook eggs.</li> <li>• Different foods to eat at breakfast time.</li> <li>• Commodities (cereals)</li> <li>• Breakfast from around the world.</li> </ul>	<ul style="list-style-type: none"> <li>• Cakes</li> <li>• The functions of ingredients</li> <li>• Raising agents</li> <li>• Different ways to cook cakes.</li> <li>• Cooking mistakes and how to fix them.</li> <li>• Fruit and Vegetables</li> </ul>			<ul style="list-style-type: none"> <li>• Meat, Fish and Poultry</li> </ul>	Play / Wellbeing Curriculum / Transition