



**Elms** Bank  
School & College

Excellence for All

**Therapies Curriculum  
Long Term Plan  
Specialist Provision KS3**

<b>Key Stage 3</b>	<b>Autumn A/B</b>	<b>Spring A/B</b>	<b>Summer A</b>	<b>Summer B</b>
Year 7	Food Exploration	Zone of Regulation	Outdoor & Wellbeing	Wellbeing/ Play Curriculum
Year 8	Massage	Relaxation	Sensory Garden	Wellbeing/ Play Curriculum
Year 9	Tai Chi	Yoga	Dance & Wellbeing	Wellbeing/ Play Curriculum