

PSHE (RSE)
Long Term Plan
Specialist Provision KS3 Pathway

| | Autumn A | Autumn B | Spring A | Spring B | Summer A | Summer B |
|---------------|---|---|--|--|--|--|
| Year 7 | Healthy Lifestyles Healthy Living | Managing Feelings Positive Relationships | The World in which I Live Environmental Safety | Changing and Growing Changing Feelings | Self – Awareness Personal Development | Changing and Growing Changing Body |
| Year 8 | Self – Awareness Mental Wellbeing | Self-Care, Support and Safety Relationships Online | Self-Care, Support and Safety First Aid | The World in which I Live Equality | The World in Which I Live Diversity, Rights and Responsibility | Changing and Growing Long Term Relationships |
| Year 9 | Healthy Lifestyles Looking After Myself | Self – Awareness Relationship Expectation Sexual Pleasure and Consent | Healthy Lifestyles Alcohol and Tabaco | Changing and Growing Contraception | Self-Care, Support and Safety Online Information | Managing Feelings Break Ups and Conflict |