



Elms Bank
School & College

Excellence for All

Preparation for Adulthood Long Term Plan – PSHCE

Year	Autumn	Spring	Summer
Year A	New beginnings	The news, rules and responsibilities	Personal hygiene and changes
Year B	Feelings, actions and opinions	Communities, cultures and people	Healthy lifestyles
Year C	Ourselves and helping others	Valuing money, budgeting and prospects	Keeping safe