

## Become a Jigsaw Volunteer

Would you like to do something worthwhile, meet new people and make a positive difference to people's lives?

Then why not volunteer for Jigsaw? We are currently looking for volunteers to help provide group support on our sports and social outings which take place on evenings and weekends.

Most of our volunteers find that their lives are enriched by helping out at Jigsaw, and many find the experience helps them in their future careers and also strengthens university and job applications.

All travel and out of pocket expenses are reimbursed.





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**Registered Charity Number**  
1115643



## A Social and Sports group for young disabled people





## Who we are and our aims

Jigsaw is a sports and social group for young disabled people, based in Bury.

Our aims are to promote Fun, Freedom and Independence; support people to enjoy an active social life, help people reach their sporting potential and maintain a healthy lifestyle.



## Jigsaw Sport

Jigsaw works in partnership with Special Olympics Bury to provide various accessible sports sessions including Boccia, Kurling, Football, Aerobics, Horse Riding, Table Tennis, Circuit Training and Athletics. Our aim is to continue to run popular activities and develop any new sports, upon members' request.

Jigsaw were the first sports club in Greater Manchester to receive the English Federation of Disability Sport (EFDS) Clubmark.



## Jigsaw Outings

Jigsaw offers a wide range of social activities including Ten Pin Bowling, meals out, disco's, cookery sessions, quiz & games nights, trips to the cinema and day trips.

