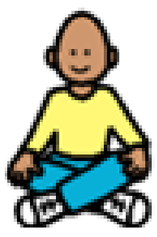
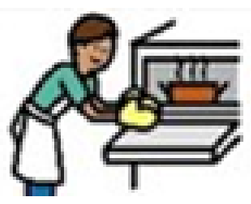
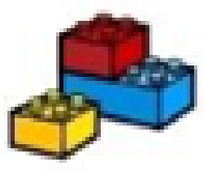
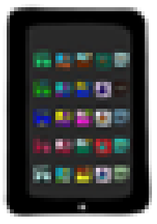
FREE Parent and Child Workshops

Strengthen your bond. Learn together. Make memories.

Our Parent and Child workshops are a great opportunity for you to enjoy some quality time with your child. They are hosted in a nurturing environment to enable all to enjoy.

Workshops will take place in the Hive at Elms Bank. Refreshments will be available.

Wednesday 28th January 1.30pm—2.30pm 	**Crafting Together** Join us for a creative session where parents and children work side by side to make something special and enjoy quality time together.
Wednesday 4th February 1.30pm—2.30pm 	**Mindfulness for Families** Enjoy a gentle session learning simple mindfulness activities to support calm, focus, and wellbeing at home.
Wednesday 11th February 1.30pm—2.30pm 	**Music Jammin'** No experience needed! Parents and pupils will experiment with sounds, rhythms, and teamwork through music making.
Wednesday 25th February 1.30pm—2.30pm 	**Cooking Together** A hands on workshop where parents and children will enjoy making an easy recipe, sharing skills, and spending quality time together.

Wednesday 4th March 1.30pm—2.30pm 	**Reading Together** Discover practical ways to support reading at home while enjoying quality shared reading time with your child.
Wednesday 11th March 1.30pm—2.30pm 	**STEM Challenge Hour** Parents and children work together to solve practical challenges using teamwork, creativity, and problem solving.
Wednesday 18th March 1.30pm—2.30pm 	**Digital Safety Together** A practical workshop helping families talk about screen time, online behaviour, and staying safe together.
Wednesday 25th March 1.30pm—2.30pm 	**Our Cultures Celebration** A joyful workshop where parents and children explore and celebrate different cultures through crafts, music,

We would love for you and your child to join us at these sessions.

If you would like to sign up please either:

email - enquiries@elmsbank.oaklp.co.uk

Scan the QR code below and complete the form

Better Together