

The Fundamentals of Communication (FOC)

These are the communication skills and behaviours that underpin all our learning and interaction. If you don't learn the FOC it is difficult to fully learn anything else. Extra information go to You Tube Intensive Interaction Dave Hewett

Learning to be social is central to being a human and is crucial to well-being. (Hewett, 2005)

Enjoying being with another person.

Developing the ability to attend to that person.

Increasing concentration and attention span to that person.

Learning to do sequences of activity with a person.

Taking turns in exchanges of behaviour.

Sharing personal space.

Learning to regulate and control arousal levels.

Using and understanding eye-contacts.

'Face & mind reading'.

Using and understanding facial expressions.

Using and understanding non-verbal communications.

Vocalising and using vocalisations meaningfully (including speech).