

Long Term Plan: Independent Living

Key to Pathways:

Inspire	Explore	Nurture	Thrive	Specialist Provision	College
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Key Stage 3	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Explore Pathway						
Year 7	All about me – Basic Personal Hygiene	Personal Tasks	Basic Kitchen Skills	Home Living Skills	Community Skills – Shopping	Personal Safety – Drugs and Medicine
Year 8	Body Image – Puberty becoming a Teenager	Public / Private	Making a Meal	Household budgeting/money matters	Road Safety/Behaviour	My Community Living Here
Year 9	Independent Personal Routines	Relationships/Conflict	Planning an Event	Independent Living Skills	Experience Public Transport	Emergency Services/ People Who Help Us
Key Stage 4	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 10	Personal Care Routines – Introduction	Relationships	Popular Culture	My Future Choices	Out in the Community	Citizenship
Year 11	Looking smart – Personal Care	Relationships/ Parenting	Current Affairs	Work Awareness	Going To College	E-Safety

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Specialist Provision Pathway						
Year 7	All about me – Basic Personal Hygiene	Personal Tasks	Basic Kitchen Skills	Home Living Skills	Community Skills – Shopping	Personal Safety – Drugs and Medicine
Year 8	Body Image – Puberty becoming a Teenager	Public / Private	Making a Meal	Household budgeting/money matters	Road Safety/Behaviour	My Community Living Here
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Nurture Pathway

KS3 and KS4	<p>The Independent Living curriculum is part of the Personal Social Health Citizenship Education (PSHCE) Curriculum. It is aimed at our KS3 and KS4 students who access our Explore curriculum. It is tailored to reflect the ability of the group and the individual needs of the pupils. It supports individuals to develop their life skills on preparing them for adulthood.</p> <p>All students access 5 whole school and college 'Drop Down Days'. They take place every half term, apart from Summer B. Themes address different aspects of the PSHCE Curriculum, e.g. Bullying, E-safety, Drugs & Alcohol. These days are recorded through students' individual "Excellence for All" folders.</p>
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Thrive Pathway

KS3 and KS4	<p>The Thrive Pathway has a bespoke curriculum which focuses on the development of pupils' communication, health and wellbeing. It is tailored to reflect the ability of the group and the individual needs of the pupils, supported by a sensory approach. Please refer to the Thrive Long Term Plan for a full overview of themes covered.</p> <p>All students access 5 whole school and college 'Drop Down Days'. They take place every half term, apart from Summer B. Themes address different aspects of the PSHCE Curriculum, e.g. Bullying, E-safety, Drugs & Alcohol. These days are recorded through students' individual "Excellence for All" folders.</p>
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Specialist Provision

KS3 and KS4	<p>Specialist Provision has a bespoke curriculum which focuses on the development of pupils' communication, health and wellbeing. It is tailored to reflect the ability of the group and the individual needs of the pupils, supported by a sensory approach. Please refer to the SP Long Term Plan for a full overview of themes covered.</p> <p>KS3 – pupils follow the Explore Pathway with a focus on key skills, to support the developmental needs of our pupils with ASD.</p> <p>KS4 – pupils continue to develop their skills in through ASDAN accreditation called 'Transition Challenge', which is a SEND programme of study designed for ages 14-16 and offers a learner-centred, activity-based curriculum which reflects the needs and interests of our pupils.</p> <p>KS5 – students focus on ASDAN accreditation called 'Working Towards Independence'. Through this, students continue to develop their understanding of how to keep themselves safe with a particular focus on practical life skills and community experiences.</p> <p>All students access 5 whole school and college 'Drop Down Days'. They take place every half term, apart from Summer B. Themes address different aspects of the PSHCE Curriculum, e.g. Bullying, E-safety, Drugs & Alcohol. These days are recorded through students' individual "Excellence for All" folders.</p>
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College Pathway

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Key to Pathways:



Year 12	<p>Inspire Pathway :</p> <p>In Year 12, students have the opportunity to work towards further qualifications, e.g. ASDAN Personal Social Development (PSD) Students continue to develop their knowledge and understanding to keep themselves safe.</p> <p>Explore & Thrive Pathway:</p> <p>Students follow a bespoke timetable with a focus on communication, health and wellbeing. Please refer to the College long term plan for a full overview of the programme of study.</p>
	<p>All students access 5 whole school and college 'Drop Down Days'. They take place every half term, apart from Summer B. Themes address different aspects of the PSHCE Curriculum, e.g. Bullying, E-safety, Drugs & Alcohol. These days are recorded through students' individual "Excellence for All" folders.</p>