



Elms Bank SP Challenges- Good luck in these challenges



English

Amazon.co.uk accounts offering free E-books, audiobook.

Look or listen at some books

Community -go for a walk

Scavenger hunt- can you find

Yellow flower, see any animals

Can you hear any animals?

Play I spy on your walk

Encourage road safety on your walk

Maths

To use kitchen measures

Make Easy fork biscuits-See recipe below

Encourage independence to collect resources/ingredient.

Using weighing scales- look at number
Count how many biscuits you have made

PE

Complete Joe's wicks 9am YouTube exercise

Dance to music - listen to different types of music

Make a dance to your favourite song

What music is the best to dance to?

Be active up to 30sec

1. Toe touches
2. Shoulder circles
3. Knees ups/running on the spot
4. 10 Squats (sensory based, keep heels down.)
5. Lie on your back, bring knees up to chest and hold them with arms
6. Star jumps

Science - Recycling

Help match items together in recycle group

Help put recycling in the colour bins

Reinforce the material and what colour bin it goes in

Independence skills - model, show and then try let your child be more independent - daily activities

Pupils to help to sort the clothes washing-colours/put clothes in washer. Peg washing out

Collect equipment/ingredient to make own snack/lunch. Chopping/spreading skills

Bed- make bed. Pull duvet back and put pillow in the

150g of self-rising flour

50g of caster sugar

100g soft butter

Put oven on 180o

Mix butter and sugar until combined and fluffy

Add flour and gently mix to combined together

Mix with your hands

Roll walnut size pieces and place on baking tray

Dip fork in water and gently press on dough

Put in oven 12-15mins until golden brown