

Long Term Plan: Independent Living

Key to Pathways: Inspire Explore Nurture Thrive Specialist Provision College

	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Explore Pathway						
Year 7	All about me – Basic Personal Hygiene	Personal Tasks	Basic Kitchen Skills	Home Living Skills	Community Skills – Shopping	Personal Safety – Drugs and Medicine
Year 8	Body Image – Puberty becoming a Teenager	Public / Private	Making a Meal	Household budgeting/money matters	Road Safety/Behaviour	Internet safety/using the telephone
Year 9	Independent Personal Routines	Relationships/Conflict	Planning an Event	Independent Living Skills	Experience Public Transport	Emergency Services/ People Who Help Us
Year 10	Personal Care Routines – Introduction	Relationships	Popular Culture	My Future Choices	Out in the Community	Citizenship
Year 11	Looking smart – Personal Care	Relationships/ Parenting	Current Affairs	Work Awareness	Going To College	E-Safety