

Long Term Plan: Gym & Sports Leadership Placement



Key to Pathways:

Inspire	Explore	Nurture	Thrive	Specialist Provision	College
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College	1 st Half- term	2 nd Half- term	3 rd Half- term
Inspire Pathway			
Year 12 "Introductory to... Yr"	<p style="text-align: center;">Two Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities.</i></p> <p style="text-align: center;"><u>Level 1 Unit Focus:</u></p> <ul style="list-style-type: none"> Developing Own Interpersonal Skills Health, Safety & First Aid in the Workplace Work-Based Placement 	<p style="text-align: center;">Two Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities.</i></p> <p style="text-align: center;"><u>Level 1 Unit Focus:</u></p> <ul style="list-style-type: none"> Taking Part in Exercise & Fitness Health, Safety & First Aid in the Workplace 	<p style="text-align: center;">Two Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities.</i></p> <p style="text-align: center;"><u>Level 1 Unit Focus:</u></p> <ul style="list-style-type: none"> Taking Part in Exercise & Fitness Work-Based Placement
Entry Level 3 / Level 1 Award			
Year 1 Year 13	<p style="text-align: center;">Five Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities</i></p> <p style="text-align: center;"><u>Level 1 Unit Focus:</u></p> <ul style="list-style-type: none"> Developing Own Interpersonal Skills Health, Safety & First Aid in the Workplace Work-Based Placement <p style="text-align: center;"><u>Entry Level 3 Focus:</u></p> <ul style="list-style-type: none"> Personal Action Planning Understanding a Work Experience Placement Developing Health & Safety Skills for Work 	<p style="text-align: center;">Five Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities</i></p> <p style="text-align: center;"><u>Level 1 Unit Focus:</u></p> <ul style="list-style-type: none"> Taking Part in Exercise & Fitness Assisting in Planning and Delivering a Sports Activity Health, Safety & First Aid in the Workplace <p style="text-align: center;"><u>Entry Level 3 Focus:</u></p> <ul style="list-style-type: none"> Health & Fitness Developing Health & Safety Skills for Work 	<p style="text-align: center;">Five Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities.</i></p> <p style="text-align: center;"><u>Level 1 Unit Focus:</u></p> <ul style="list-style-type: none"> Planning & Delivering a Community Event Library Skills Work-Based Placement <p style="text-align: center;"><u>Entry Level 3 Focus:</u></p> <ul style="list-style-type: none"> Health & Fitness Personal Action Planning
Entry Level 3 / Level 1 Certificate (1 year Programme)			
Year 2 Year 14	<p style="text-align: center;">Five Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities</i></p> <ul style="list-style-type: none"> <u>Units to be confirmed</u> 	<p style="text-align: center;">Five Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities</i></p>	<p style="text-align: center;">Five Day Work Experience Placement</p> <p><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities</i></p>
Entry Level 3 / Level 1 Extended Certificate (2 year Programme)			

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College	1 st Half- term	2 nd Half- term	3 rd Half- term
Explore & Specialist Provision Pathway			
	One Day Work Experience Placement	One Day Work Experience Placement	One Day Work Experience Placement
Year 12/13/14	<p style="text-align: center;"><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities</i></p> <p style="text-align: center;"><u>Units to be confirmed.</u></p> <p><u>Entry Level 3 Unit Focus:</u></p> <ul style="list-style-type: none"> • Health & Fitness <p><u>Entry Level 2 Focus:</u></p> <ul style="list-style-type: none"> • Exploring working in Sport 	<p style="text-align: center;"><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities</i></p> <p style="text-align: center;"><u>Units to be confirmed</u></p> <p><u>Entry Level 3 Unit Focus:</u></p> <ul style="list-style-type: none"> • Health & Fitness <p><u>Entry Level 2 Focus:</u></p> <ul style="list-style-type: none"> • Exploring working in Sport 	<p style="text-align: center;"><i>Working in our College Gym to deliver inductions, maintain the gym environment, working with others in the Gym to deliver small group fitness sessions, lead sports and fitness activities</i></p> <p style="text-align: center;"><u>Entry Level 3 Unit Focus:</u></p> <ul style="list-style-type: none"> • Health & Fitness <p><u>Entry Level 2 Focus:</u></p> <ul style="list-style-type: none"> • Exploring working in Sport
Entry Level 1, Entry Level 2 or Entry Level 3 Certificate			

Nurture Pathway

KS5 Pathway under development.

Thrive Pathway

KS5 This course is not an option within this Pathway.

Specialist Provision

KS5 Students can choose this vocational work placement in Yr 12,13 and/or 14.
 In Yr 12, students join the placement for 1 day per week for 3 half-terms. In Yr 13 and Yr 14 students join the placement for 5 days per week, for 3 half-terms.
 Students can access Open Award Entry Level 1,2,3.

Inspire Pathway

KS5 Students can choose this vocational work placement in Yr 12 and 13.
 Yr 12, students join the placement for 2 days per week for 3 half-terms.
 Yr 13 students join the placement for 5 days per week, for 3 half-terms.
 Yr 14 Inspire students are predicted to move onto our Fairfield Supported Internship and may have an opportunity to develop their skills and knowledge in this area in the Hospital Setting. However, it is possible for Yr 14s, to opt to continue our Internal Placements programme, where they can develop these vocation skills in the community.
 Students can access Learning through Work Experience Level 3 or Level 1.

Explore Pathway

KS5 Students can choose this vocational work placement in Yr 12,13 and/or 14.
 Yr 12, students join the placement for 1 day per week for 3 half-terms. In Yr 13 and Yr 14 students join the placement for 5 days per week, for 3 half-terms.
 In Yr 14 some Explore students may move onto our Inspire Pathway and access Fairfield Supported Internship and may have an opportunity to develop their skills and knowledge in this area in the Hospital Setting. Alternatively, in Yr 14, they may opt to continue our Internal Placements programme, where they can develop these vocation skills in the community.

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Students can access Open Award Entry Level 1,2,3.

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